rare recipes by Reena Malhotra

BUTTER CHICKEN



Ingredients:

(in order of requirement, during preparation)

☐ Buttermilk (Dahi)	2 cups
☐ Garlic Paste	1 ½ Teaspoons
☐ Ginger Paste	3/4 Teaspoon
□ Salt	As per taste
■ Red Chili Powder	1 Teaspoon
■ Tandoori Chicken Masala	2-3 Teaspoons
☐ Food Color – Orange	A pinch
☐ Lemon Juice	2 Tablespoons
☐ Chicken – Broiler	2~600g each
(medium size bone less pieces/ pieces with bone)	
□ Cooking Oil	2 Tablespoons
Onions	5-6 large
■ Tomatoes	4-5 large
☐ Tomato Puree	2 Tablespoons
■ Tomato Ketchup	1 Tablespoon
□ Fresh Cream	1 ½ cups
☐ Butter	3-5 Tablespoons
■ Kastoori Methi-Dry	1-2 Teaspoons

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Method:

- Thoroughly Mix Buttermilk (Dahi), Garlic Paste, Ginger Paste, Salt, Red Chili Powder, Tandoori Chicken Masala, Food Color, Lemon Juice and Cooking Oil in a large Bowl.
- Add Chicken boneless/ with bone
- Mix well and let it marinate for 2-4 hours in a Refrigerator.
- Cut the Onions.
- Boil the Onions.
- Prepare Onion Paste by grinding the boiled onions in a Mixer/Grinder.
- Blanch the Tomatoes, by putting them in boiling water for 5-6 minutes, dipping them in some cold water and peeling off their skin.
- Grind the blanched Tomatoes into a paste in a Mixer/Grinder.
- Preheat an Oven and Grill the marinated pieces of Chicken till you get a light crispy texture.
- In case an Oven is not available, fry the marinated pieces of Chicken.
- You can also put the marinated pieces of Chicken in a Pan, add some Butter and cook till you get a light crispy texture.
- Put a Pan on low heat and melt some Butter in the Pan.
- Add the Onion Paste to the Pan and sauté till light brown.
- Add the Tomato Paste, Tomato Ketchup and Tomato Puree to the Pan.
- Stir well till you get a thick Gravy (takes approx. 10-15 minutes).
- Add Salt, Red Pepper and Tandoori Masala as per taste.
- Add Chicken pieces and ½ cup of water to the Pan.
- Simmer (bring to a boil on low heat) till you get thick gravy/ gravy as per taste.
- Add Cream and stir gently.
- Sprinkle Kasturi Methi on the top
- Transfer to the serving dish.
- Serve Hot with Indian Breads (Butter Naan/ Chapatti) and Enjoy!

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